



EMERGENCY PREPAREDNESS COURSE Class #1 SCENARIO

I want you to close your eyes and picture this scenario:

Imagine this of course around your own life and your family and loved ones. It is a crystal clear and picture perfect day, with bright blue skies and a few puffy white clouds, the sun is shining and the world seems like a perfect place. It is midweek and you need to run into the store during lunch-time to grab a couple of items. If you have children, they are in school. If you have a spouse or significant other, they are at work. If you don't have children but have a very special pet, your dog or cat are at the vet having their teeth cleaned. Anyone else who is special in your life is not with you at the moment – you are alone. While you are in the grocery store, all of a sudden, without any warning at all, the Earth begins to violently change around you. The ground beneath you begins to shake and roll fiercely, things begin falling off of the shelves all around you, people are screaming, some are praying, and children begin to cry. The sounds are frightening and strange to you. You hear objects breaking as they hit the floor, you hear window glass breaking and the terrible sounds of the building groaning as metal, concrete and wood grate together. The terrible nightmare only lasts about 25 seconds, and then it is over. The store is completely trashed, with merchandise broken and piled all over the floor, the power has gone out, the roof in one corner of the store has collapsed, the bright sunlight shining in though the ceiling, you look out the broken window and what you see outside is completely different than it was only one minute before. There is massive destruction outside, street lights are down, buildings are damaged, and the roads are severely damaged.

NOW - WHAT DO YOU DO?

Please take several minutes to write out what you would do.